



# INSTITUTE OF LAY FORMATION

Diocese of Winona-Rochester

*Forming lay women and men for discipleship and Gospel witness*



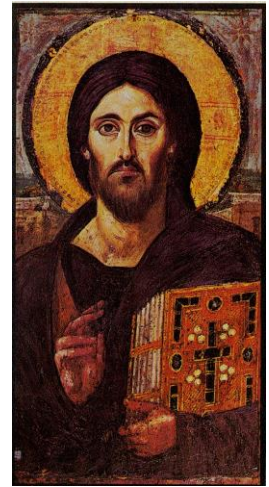
## PROGRAM OVERVIEW

*The diocesan **INSTITUTE OF LAY FORMATION** is a program and process of prayer, study, and reflection on the Catholic Faith, on the life of discipleship and witness in the world, and on service and ministry within the Church.*

### Areas of Formation...

The Institute has three aspects of its formation:

- ❖ **Catechesis** (Intellectual Formation)
- ❖ **Discipleship** (Human and Pastoral Formation)
- ❖ **Prayer and Reflection** (Spiritual Formation).



### Year by Year Program...

**CARITAS ~ TOGETHER IN SERVICE** (Year III)

#### **Catechesis: “Christian Morality” / “Vatican II”**

##### **Christian Morality**

- UNITED STATES CATHOLIC CATECHISM FOR ADULTS (USCCA), by the U.S. Conference of Catholic Bishops – “Part III. Christian Morality: The Faith Lived”
- TEN: HOW THE COMMANDMENTS CAN CHANGE YOUR LIFE, by Mary Elizabeth Sperry / Franciscan Media

##### **Vatican II**

- VATICAN II: ITS IMPACT ON YOU, by Peter A. Huff, PhD / Liguori Publications
- A CONCISE GUIDE TO THE DOCUMENTS OF VATICAN II, by Edward P. Hahnenberg / St. Anthony Messenger Press
- *Sacrosanctum Concilium* (“Constitution on the Sacred Liturgy”), Second Vatican Council (Promulgated by Pope Paul VI) [available online at the Vatican web site]

#### **Discipleship: “The Church’s Mission and Ministry”**

- *EVANGELII GAUDIUM* (“The Joy of the Gospel”), Apostolic Exhortation of Pope Francis
- LUKE 10 LEADERSHIP: HOW TO SUCCEED AT PARISH MINISTRY, by Dave Heney / Ave Maria Press

#### **Prayer and Reflection: “Lay Vocation and Spirituality”**

- THE EMERGING LAITY: VOCATION, MISSION & SPIRITUALITY, by Aurelie A. Hagstrom / Paulist Press
- 3 MOMENTS OF THE DAY: PRAYING WITH THE HEART OF JESUS, by Christopher S. Collins, S.J. / Ave Maria Press



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## FALL SESSION SCHEDULE...



- 8:40 am Gathering** (with beverages available)
- 9:00 am Opening Prayer**
- 9:15 am Morning Catechetical Session: “Christian Morality: The Faith Lived”**  
[two to three segments, with break(s)]
- Presentation of assigned chapter(s) from the USCCA
  - Small group/Table discussion (including material from USCCA and from, Ten: How the Commandments Can Change Your Life)
  - Large group discussion & wrap-up
- 11:45 am Evaluation, Announcements, & Closing Prayer**
- 12:00 pm Adjourn session**
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## The “COVID response” plan for the fall semester...

- We will offer “in person” formation sessions, keeping the proposed calendar.
- All students participating “in person” at the formation sessions will be asked to wear masks during the session.
- Our formation sessions will be abbreviated – taking place during the mornings only (from 9:00am – 12:00pm). We will provide beverages for students at the sessions, but there will not be food provided. This will limit the amount of “unmasked” time together.
- We will have people spaced a bit more than usual, but we will plan to have table conversations as part of our formation.
- We will plan to provide an “online” formation option for those who are not comfortable participating in person. This may include either a livestream of the sessions and/or making a recording of the sessions available for students.
- This plan will be assessed on a continuing basis, and adjusted and adapted as needed. We will review where things stand later in the fall before determining the plans for the winter/spring semester.



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## **FALL SEMESTER OVERVIEW...**

September 18th, 2021 (Sacred Heart Parish, Owatonna)

### **Fall Session I – *Vatican II*** (Session I)

READING ASSIGNMENT: *Vatican II: Its Impact on You*

October 2nd/16th (St. John Vianney (SJV) Parish, Fairmont [10/2] / St. Pius X (SPX) Parish, Rochester [10/16])

### **Fall Session II – *Christian Morality: The Faith Lived*** (Session I)

READING ASSIGNMENT I: United States Catholic Catechism for Adults (USCCA)

- Chapter 23: “Life in Christ–Part One”
- Chapter 24: “Life in Christ–Part Two”

READING ASSIGNMENT II: Ten: How the Commandments Can Change Your Life  
(Foreword & Introduction)

October 23rd/30th (SJV Parish, Fairmont [10/23] / SPX Parish, Rochester [10/30])

### **Fall Session III – *Christian Morality: The Faith Lived*** (Session II)

READING ASSIGNMENT I: United States Catholic Catechism for Adults (USCCA)

- Chapter 25: “The First Commandment”
- Chapter 26: “The Second Commandment”

READING ASSIGNMENT II: Ten: How the Commandments Can Change Your Life  
(Chapter One & Chapter Two)

November 13th/20th (SJV Parish, Fairmont [11/13] / SPX Parish, Rochester [11/20])

### **Fall Session IV – *Christian Morality: The Faith Lived*** (Session III)

READING ASSIGNMENT I: United States Catholic Catechism for Adults (USCCA)

- Chapter 27: “The Third Commandment”
- Chapter 28: “The Fourth Commandment”

READING ASSIGNMENT II: Ten: How the Commandments Can Change Your Life  
(Chapter Three & Chapter Four)

December 4th (Sacred Heart Parish, Owatonna)

### **Fall Session V – *Vatican II*** (Session II)

READING ASSIGNMENT I: A Concise Guide to the Documents of Vatican II  
(Introduction & Chapter 1)

READING ASSIGNMENT II: *Sacrosanctum Concilium* (“The Constitution on the Sacred Liturgy”) [available online at the [Vatican web site](#)]

**Writing Assignment for the Fall Semester** (due by 12/15/2021)...

OPTION I...

From the UNITED STATES CATHOLIC CATECHISM FOR ADULTS, write a short paper (approx. 2-5 pp., double spaced) responding to one set of the “*For Discussion*” questions from any of the assigned chapters from the USCCA for this semester.

OPTION II...

From the text, TEN: HOW THE COMMANDMENTS CAN CHANGE YOUR LIFE, write a short paper (approx. 2-5 pp., double spaced) responding to one set of the “*Talk It Through*” questions from any of the assigned chapters for this semester.